Navajo Safe Water: Protecting You and Your Family's Health



The Navajo Nation is providing safe water from water points for in-home use to residents living in homes with no piped water during the COVID-19 Public Health Emergency.

Attention: Residents living in homes without running water



in the household can receive 1
5-gallon water container



Water haulers living in
homes with no piped water
supply can fill at no cost
ANY SIZE water container
at
Transitional Water Points
and
Permanent Water Points
located at most



Chapter Houses

VISIT

navajosafewater.org for more information about:

WATER POINT LOCATIONS

-OPERATING HOURS

-SMALL WATER CONTAINER AVAILABILITY

-MORE PROGRAM INFO

For questions, please email navajosafewater@nndcd.org or call (928) 871 - 6855 or contact your local Chapter.

Fees may apply for water haulers living in homes with piped water access and for water hauled for livestock and agricultural uses as these are not covered by the Navajo Safe Water Project.

Navajo Water Access Mission: Safe Water Storage Program

The Importance of Water Disinfection Tablets on Your Health

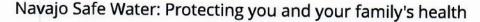


Water Disinfection Tablet Purpose

Water from the water point is safe to drink directly from the tap because it contains residual chlorine. The water disinfection tablets are recommended to keep your water safe to drink when the water is stored inside the container in your home. When tap water is stored, the residual chlorine will diminish and no longer protect you from microbes in the water that can make you sick. By using a water disinfection tablet, chlorine concentration will remain at a level to ensure the water is safe to drink and store for use over a longer period of time. This protects the health of the households using the water points.

Proper Use of Water Disinfection Tablets

- 1. Fill blue 5-gallon container with water from water point
- 2. Place one tablet in the filled container
- 3. Allow the tablet to dissolve for at least 30 minutes
- 4. Use the water for drinking/cooking as needed
- 5. Discard left over water after 7 days of storage
- 6. Clean and disinfect container before re-using (see back of "Safe Drinking Water" flyer)





Visit: www.navajosafewater.org or Call: (928) 871-6855



Frequently Asked Questions (FAQ's)

Question: What are the health benefits of adding chlorine disinfection tablets to water?

Answer: When added to drinking water, chlorine has been proven to reduce bacteria and viruses that could make you sick. Stored water can become contaminated with bacteria or viruses when someone's hands, an object or dirt enters the container. The use of chlorine tablets inactivates these pathogens to keep your family healthy and prevent diseases form spreading.

Question: If the water is safe to drink, why do I need to use a disinfection tablet?

Answer: The tablets are used to extend the time that chlorine remains within the water. The chlorine residual in the water drawn from the tap is not sufficient to protect your water from contamination while being stored in your home. The disinfection tablet prevents against contamination by ensuring chlorine is detectable within the water over a 7-day period.

Question: If I have a different container than the blue 5-gallon containers provided, how many chlorine tablets should I add?

Answer: The Chapter will be distributing the disinfectant tablets and will not add any to containers other than the blue 5-gallon containers. This is because there is a risk of not adding the correct amount of chlorine, and because of what other containers may have previously been used to carry. Use of multiple chlorine tablets or different containers is not allowed.

Question: The disinfection tablet makes my water smell and taste strange; How will this affect my health?

Answer: There will most likely be a chlorine taste to the water soon after adding the tablet. The water has been determined to be safe by field testing and a slight chlorine taste is completely normal. If you are bothered by the taste and smell, put a pitcher of water in a safe place like the refrigerator and let it sit uncovered for a few hours. This will allow the chlorine to leave the water. An extremely strong chlorine taste is an indicator that the water may be over-chlorinated and should be reported to your Chapter.

Question: Can I use the blue 5-gallon container for other purposes?

Answer: The blue 5-gallon containers should only be used by individuals as their source for drinking water, cooking and hand washing. Using the containers for other purposes can contaminate the container, compromising the safety of your home drinking water supply. In addition the containers should not be used to store anything except safe drinking water.

Mission Overview:

The Navajo Nation, in collaboration with the Indian Health Service and other organizations, is increasing access to safe drinking water for residents of homes with no piped water. This includes free water, water storage containers, and disinfection tablets (if needed) to keep the water safe for human consumption in the home.

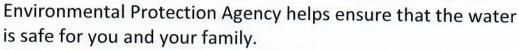
Tó be'iiná át'é Safe Drinking Water is at Your Chapter

<u>Purpose:</u> The Navajo Nation, in collaboration with the Indian Health Service and other organizations, is increasing access to safe drinking water for residents of homes with no piped water. This includes free water, water storage containers, and disinfection tablets (if needed) to keep the water safe for human consumption in the home.



Benefits of Safe Water Collection and Storage

- ➤ Drinking and cooking with treated water is a proven way to reduce diarrhea and other waterborne diseases for you and your family.
- ➤ Obtaining drinking water from sources supplied by a public water system that is regulated by the Navajo Nation



Ensuring that drinking water is properly stored in your home will help protect your family's health by reducing contamination that can lead to stomach illnesses.



Visit www.NavajoSafeWater.org or Call (928) 871-6855

Navajo Nation COVID-19 Resources site: sites.google.com/nndcd.org/covid-19/home





Navajo Safe Water: Protecting you and your family's health

Clean Your 5-gallon Water Containers:

Before returning to fill your water container follow these steps to clean and sanitize:

- 1. Wash the storage container and rinse completely with water.
- 2. Sanitize the container with a solution made by mixing 4 teaspoons of unscented liquid household chlorine bleach in one gallon of water. Use bleach that contains 5–6% sodium hypochlorite.
- 3. Close the container tightly and shake it well. Make sure the sanitizing bleach solution touches all inside surfaces of the container.
- 4. Wait at least 30 seconds and then pour the sanitizing solution out of the container.
- 5. Let the empty sanitized container air-dry before use.